



# Isolation and Community: Life on Nagasaki's Islands

# Timeline

- Icebreakers
- Discussion topics
- Staying connected
- Resources

# Introduction of the Nagasaki Islands



# Round 1

## Thoughts on island life

- What are some pros to being an islander JET?
- What are some difficulties/inconveniences for islander JETs?
  - How can we support islander JETs (as an islander JET ourselves or as JETs who live on the mainland)?
- How might daily life and culture be different on an island?

## Round 2

### Sense of community – getting involved

- What are some ways an ALT can get involved in their local community?
- How about the JET community?

# Round 3

## Sense of community – tensions

- How can you address tensions within your community?
- What are some ways you can take care of yourself when faced with social isolation?
  - What can you do to help others who you notice are being isolated?

# Round 4

## Role of Japanese language ability

- In what ways do you think knowing Japanese can help you?
- Do you have any resources you recommend for learning Japanese or for navigating better in Japan? If yes, let's share them!

# Resources

## Staying connected

- Nagasaki JET – events
- Discord links
  - Kyushu JETs
  - Nagasaki JETs
  - Japan's Islander JETs
- Facebook
  - AJET Block 10: Fukuoka, Nagasaki, Oita, Saga

# Resources

## Staying connected

- JETAA International Chapters
- USJETAA (US Japan Exchange & Teaching Programme Alumni Association) – events

# Resources Language

- iTalki tutoring website (\$)
- WaniKani
- Tsurukame – for WaniKani (app)
- Chrome extension Rikaikun
- FireFox extension Rikaichan or 10ten

# Resources Navigation

- Norimono (Japanese) – shows the status of ferries in Kyushu
- Kyushushosen – Goto Islands ferry (including Ojika and Uku)
- Goto Camellia Line – Goto Islands
- Taiko – Goto · Fukuoka ferry
- Kyushuyusen (Japanese) – Tsushima · Iki · Fukuoka ferry

\*Fukue, Tsushima, and Iki are also accessible via airplane